	What are SICKnesses of the built environment?	What feels TIRED in the built environment?
PHYSICALLY & STRUCTURALLY		
CULTURALLY & INSTITUTIONALLY		
SOCIAL & INTERPERSONALLY		
SYSTEMICALLY & POLITICALLY		

	How might HEALING occur in the built environment?	How might ACTIVISM occur in the built environment?
PHYSICALLY & STRUCTURALLY		
CULTURALLY & INSTITUTIONALLY		
SOCIAL & INTERPERSONALLY		
SYSTEMICALLY & POLITICALLY		

	What does it mean to be SICK?	What does it mean to be TIRED?
PHYSICALLY	III / Unhealthy	Exhausted / Worn Out / Burned Out
CULTURALLY	Annoyed / Fed Up	Trite / Cliche / "Played Out"
SOCIALLY	Offensive / Troublesome / Toxic	Weary / Low / Depressed
SYSTEMICALLY	Perverse / Gruesome / Unjust	Exploited

DESIGN FUTURES SICK & TIRED

	What are SICKnesses of the built environment?	What feels TIRED in the built environment?
PHYSICALLY & STRUCTURALLY	Water contamination in Flint, MI; Land Extraction; Displacement	Monuments; Tax Crediting for the wealthy; Gentrification
CULTURALLY & INSTITUTIONALLY	"Dress Policies," Cultural theft and misappropriation	Wage inequality within the field
SOCIAL & INTERPERSONALLY	"Karens" & "Bobs" social policing; Social Marginalization	Racist rhetoric and symbols; Marginalization; Exclusion
SYSTEMICALLY & POLITICALLY	Moral corruption of political representatives	Governance, Carceral State / Policing / Education, Schooling

DESIGN FUTURES SICK & TIRED

	How might HEALING occur in the built environment?	How might ACTIVISM occur in the built environment?
PHYSICALLY & STRUCTURALLY	Reinvestment in neighborhoods	Sit ins; Removal of Monuments
CULTURALLY & INSTITUTIONALLY	Repatriation of cultural artifacts	Creation of platforms; Reclamation of narratives
SOCIAL & INTERPERSONALLY	Reconciliation of racial violence incidents	Intervening in bias incidents
SYSTEMICALLY & POLITICALLY	Reparations through educational stimuli and decarceration	Policy design and advocacy